WINTER GAMES
Cross Country Skiing, Snowshoe, Unified Volleyball, Powerlifting

Starting Date:	January 2, 2024
8 Week Training Period:	January 2 – February 23
Training School Target Dates:	TBD
Area Games	January 29 – February 4
District Games	February 5 – February 11
Entry Deadline:	February 15
State Games: VALLEY CITY	February 24 – 25, 2024

SUMMER GAMES
Swimming, Track & Field

Starting Date:	March 25
8 – Week Training Period	March 25 – May 17
Training School Target Dates	TBD
Area Games	April 22 – April 28
District Games	April 29 – May 5
Entry Deadline	May 9
State Tournament: FARGO	May 18 – 19, 2024

SOCCER/BOCCE
Unified & Traditional Bocce & Soccer

Starting Date:	July 22
8-Week Training Period:	July 22 - September 13
Training School Target Dates:	TBD
Area Tournaments:	August 19 – August 25
District Tournaments:	August 26 – September 1
Entry Deadline:	September 5
State Tournament: GRAND FORKS	September 14 - 15, 2024

BOWLING*

Starting Date:	September 3
8-Week Training Period	September 3 – November 1
Training School Target Dates:	TBD
Area Tournaments:	October 7 – October 20
Entry Deadline:	October 24
State Tournament: MANDAN & FARGO	November 2 or 3, 2024

15 games must be bowled for an athlete to qualify for the State Bowling Tournament.

BASKETBALL

Starting Date:	October 7
8– Week Training Period	October 7 – November 29
Training School Target Dates	TBD
Area Tournaments	November 4 – November 10
District Tournaments	November 11 – November 17
Entry Deadline	November 19
State Tournament: MINOT	Nov 30 – Dec 1, 2024

Specific dates for entry deadlines and tournaments subject to change depending on State tournament dates